



Shrewsbury Council on Aging
5th Annual
SENIOR HEALTH FAIR

FRIDAY, OCTOBER 1, 2004

**FREE
LUNCH**

Sign up after Labor Day
Always fills up quickly!

9:00 a.m.-2 p.m.

Theme:
**HEALTH
EMERGENCIES:**
Before . . . During

**FREE
BUSING**

within Shrewsbury
Advance Registration
Required

Shrewsbury Senior Center
98 Maple Ave.

SCREENINGS

- Blood Pressure • Blood Sugar*
- Circulation (ABI) • Blood Cholesterol*
- Medication Review & Cost
- Fall Prevention

** requires a 4 hour fast*

**GIFTS!
DOOR PRIZES!
GIVE AWAYS!
RAFFLES!**

EXHIBITS

30 Tables
Learn emergency signs and
how to respond
Educational Materials

Bring a Friend!

Call the Senior Center (508) 841-8640

**for ADVANCED REGISTRATION FOR LUNCH
or TRANSPORTATION AFTER SEPTEMBER 6TH.**